The Invisible Spot
Did you know that there is a spot that you can never see, no matter how hard you look? It’s called your “blind spot”, and it happens because of the way your eye is built. Try this game to find your blind spot.

Hold this page about two feet away from your face. Close your right eye and look at the + sign with your left eye. Now move the page closer to your face until the + disappears. That’s where your blind spot is!

Now close your left eye and look at the dot with your right eye. Move the page closer until the dot disappears. Now you’ve found your other eye’s blind spot!

We normally don’t notice the blind spot because we are using both eyes at the same time.

Want to learn more about your eye? Check out the “What’s in Your Eye” activity page!